

It's more than a game, it's your life.

Enjoy online gaming and social networking, but make sure you know how to keep yourself safe.



Already worried about your online life?
Need help and advice from the police?

Click CEOP



<http://www.ceop.police.uk/Report-Abuse/>

You will go straight to the help and advice centre.
You will be able to report abuse straight to the police from your computer.

[Find out about the Click CEOP App for facebook](#)

<http://apps.facebook.com/clickceop/>

Good places to find advice and guidance



www.kidsmart.org.uk/

Great site for young people to find out more about Internet safety. Games, advice and competitions.



http://www.thinkuknow.co.uk/11_16/

Great site to get information, advice and movies perfect for 11 – 16 year olds.



<http://www.cybermentors.org.uk/>

Cybermentors is all about young people helping and supporting each other online.



<http://www.bbc.co.uk/cbbc/help/web/staysafe>

Interactive games and information about internet safety.



<http://www.chatdanger.com/>

Interactive games and information about internet safety.

Top Tips for safe social networking

- ✦ Always explore the privacy settings of your SNS to protect your privacy and to protect yourself from strangers.
- ✦ Get your friends and family to have a look at your SNS to check that you aren't giving out too much personal information or posting inappropriate photos/films. They might see something you've missed.
- ✦ Keep your passwords to yourself.
- ✦ Respect yourself and others online.
- ✦ If you are unlucky enough to have a bad experience online tell an adult and report it to the service provider, or to [CEOP](#) if it's serious.
- ✦ **Cyberbullying** is NEVER acceptable. If you or someone you know is targeted by bullies online tell them:
 1. to report the bully to the website/service operator
 2. keep evidence of the bullying behaviour – take a screen shot if you can't save the message.
 3. to resist the temptation to reply to nasty messages
 4. To tell an adult.

Need More Help?



www.bullying.co.uk/

Advice on how to prevent or stop cyberbullying.



www.childline.org.uk/

If you call childline on 0800 1111 the call will be free and won't show up on the phone bill.